

DAFTAR PUSTAKA

- Arikunto. (2010). *Prosedur penelitian: Suatu Pendekatan Praktik*. Jakarta: Rineka Cipta.
- Banerjee, P., & Gangopadhyay, S. (2003). A study on the prevalence of upper extremity repetitive strain injuries among the handloom weavers of West Bengal. *Journal of Human Ergology*, 32, 17–22.
- Blundell, R., & Preston, I. A. N. (2011). Consumption Inequality and Income Uncertainty Author (s): Richard Blundell and Ian Preston Published by: Oxford University Press CONSUMPTION INEQUALITY AND INCOME, 113(2), 603–640.
- Bridger RS. (2008). *Intrduction to Ergonomics*. New York: CRC Press.
- Bukhori, E. (2010). Hubungan Faktor Risiko Pekerjaan Dengan Terjadinya Keluhan Musculoskeletal Disorder (MSDs) Pada Tukang Angkat Beban Pnambang Emas Di Kecamatan Cilograng Kabupaten Lebak Tahun, 1–93.
- Bureau of Labor Statistics. (2015). *Nonfatal occupational injuries and illnesses requiring days away from work*. US Department of Labor. <https://doi.org/USDL 15-2205>
- Cal-OSHA. (2007). Ergonomic Guidelines for Manual Material Mandling. *California Department of Industrial Relations*, 68. <https://doi.org/10.1017/CBO9781107415324.004>
- Corlett and Clark. (1995). *The Ergonomics of Workspaces and Machine, A Design Manual* (2nd Editio). London: Taylor & Francis.
- Department of Health and Human Services. (2018). *Physical Activity Guidelines Advisory Committee Scientific Report*. Washington, DC: U.S. Department of Health and Human Services, 2018 (Vol. 2018). Washing. Retrieved from https://health.gov/paguidelines/second-edition/report/pdf/PAG_Advisory_Committee_Report.pdf%0Ahttps://health.gov/paguidelines/second-edition/report/pdf/PAG_Advisory_Committee_Report.pdf%0Ahttps://health.gov/paguidelines/second-edition/report/pdf/PAG_Advis
- EU-OSHA. (2010). *European Agency for Safety and Health at Work OSH in figures: Work-related musculoskeletal disorders in the EU —*

- Facts and figures*. Luxembourg. <https://doi.org/10.2802/10952>
- Gayo, I. (2010). Gambaran Sikap Kerja dan Keluhan Muskuloskeletal pada Penyortir Kopi di Industri Kopi Baburrayan Takengon Aceh Tengah Tahun 2010.
- Grandjean, E. (1993). *Fitting The Task to The Man* (4th editio). London: Taylor & Francis Inc Geoffrey.
- Guo, H. R., Chang, Y. C., Yeh, W. Y., Chen, C. W., & Guo, Y. L. (2004). Prevalence of Musculoskeletal Disorder among Workers in Taiwan: A Nationwide Study. *Journal of Occupational Health*, 46(1), 26–36. <https://doi.org/10.1539/joh.46.26>
- Handayani, W. (2011). Faktor-faktor yang berhubungan dengan keluhan Muskuloskeletal Disorders pada Pekerja di Bagian Polishing PT. Surya Toto Indonesia Tangerang, 205.
- Hastono dan Sabri. (2010). *Statistik Kesehatan*. Jakarta: Raya Grafindo Persada.
- Hendra, & Rahardjo, S. (2009). Risiko Ergonomi Dan Keluhan Musculoskeletal Disorders (MSDs) Pada Pekerja Panen Kelapa Sawit. *Prosiding Seminar Nasional Ergonomi IX*, (November), 978–979.
- Hossain, M. D., Aftab, A., Al Imam, M. H., Mahmud, I., Chowdhury, I. A., Kabir, R. I., & Sarker, M. (2018). Prevalence of work related musculoskeletal disorders (WMSDs) and ergonomic risk assessment among readymade garment workers of Bangladesh: A cross sectional study. *PLoS ONE*, 13(7), 1–18. <https://doi.org/10.1371/journal.pone.0200122>
- Humantech. (2003). *Applied Ergonomic Training Manual* (2nd Editio). Australia: Berkeley Vale.
- ILO. (2013). *Health and Safety in Work Place for Productivity*. Gavena.
- kementrian Kesehatan. (2013). *Riset Kesehatan Dasar (RISKESDAS) 2013. Laporan Nasional 2013*. <https://doi.org/10.2802/10952> 1 Desember 2013
- Martha and Sanders. (2004). *Ergonomics and the Management of Musculoskeletal Disorders* (2nd Editio). USA: Elsevier.
- McCauley. (2012). *Ergonomics: Foundational Principles, Aplications, and Technologies*. New York: CRC Press.
- National Health Sevice. (2013). sport. Retrieved from <https://www.nhs.uk/>

- NIOSH. (1997). Centers for Disease Control and Prevention Centers for Disease Control and Prevention Elements of Ergonomics Programs. Retrieved from <https://www.cdc.gov/niosh/docs/97-117/pdfs/97-117.pdf>
- NIOSH. (2007). *Ergonomic Guidelines for Manual Material Handling*. Colombia.
- Notoatmodjo, S. (2003). *Pendidikan dan Perilaku Kesehatan*. Jakarta: Rineka Cipta.
- Notoatmodjo, S. (2010). *Metodologi Penelitian Kesehatan*. Jakarta: Rineka Cipta.
- Nurliah, A. (2012). Analisis risiko Muskuloskeletal disorders (MSDs) pada operator forklift di PT. LLI tahun 2012. *Tesis. Magister Keselamatan Dan Kesehatan Kerja. UI*, 105.
- Nursatya, M. (2008). Risiko MSDs pada Pekerja Catering di PT. Pusaka Nusantara Jakarta Tahun 2008, 57–90.
- O'Malley G. (2011). *Musculoskeletal Disorders in Obesity*. UK: Blackwell Publishing.
- OHSCO. (2007). *Resource Manual for The MSDs Prevention Guideline for Ontario OSHA*. Ontario.
- Rahman, A. (2017). Analisis Postur Kerja Dan Faktor Yang Berhubungan Dengan Keluhan Musculoskeletal Disorder (MSDs) Pada Pekerja Beton Sektor Informal Di Kelurahan Samata Kecamatan Somba Opu Kabupaten Gowa Tahun, 1–203.
- Rijanto. (2011). *Pedoman Pencegahan Kecelakaan di Industri* (Edisi 1). Jakarta: Mitra Wacana Media.
- Risdianti. (2018). Hubungan Antara Beban Kerja Dengan Keluhan Low Back Pain (LBP) Pada Kuli Panggul Perempuan Di Pasar Legi Surakarta.
- Saufi, sari, Erna Novi. Handayani, L. (2017). Hubungan Antara Umur dan Masa Kerja dengan Keluhan Musculoskeletal Disorders (MSDs) pada Pekerja Laundry. *Jurnal Kedokteran Dan Kesehatan*, 13(9), 183–194. Retrieved from file:///C:/Users/asus/Downloads/1669-3993-1-PB (2).pdf
- Septiani. (2017). Faktor-Faktor yang Berhubungan Dengan Keluhan Musculoskeletal Disorders (MSDs) Pada Pekerja Bagian Meat Preparation PT. Bumi Sarimas Indonesia Tahun 2017, 15.
- Stanton, N., Hedge, A., Brookhuis, K., Salas, E., & Hendrick, H. (2005).

Handbook of Human Factors and Ergonomics Methods. Handbook of Human Factors and Ergonomics Methods.

<https://doi.org/10.1201/9780203489925>

Sulianta F. (2010). *IT Ergonomics*. Jakarta: PT Elex Media Komputindo.

Suma'mur. (1996). *Higene Perusahaan dan Kesehatan Kerja*. Jakarta: PT. Toko Gunung Agung.

Swarjana, I. ketut. (2015). *Metodologi Penelitian Kesehatan* (Edisi Revi). Yogyakarta: Andi Offset.

Syafitri Juniar Tri. (2010). Faktor-Faktor yang Berhubungan dengan Terjadinya Keluhan Low Back Pain (LBP) pada Karyawan Bagian Corporate Customer Care Center (C4) PT. Telekomunikasi Indonesia, Tbk tahun 2010.

Tarwaka. (2010). *Ergonomi Industri*. Surakarta: Harapan Press.

Tarwaka, Bakri, S. H. A., & Sudiajeng, L. (2004). *Ergonomi untuk Keselamatan, Kesehatan Kerja dan Produktivitas*. Surakarta: Harapan Press. Retrieved from <http://shadibakri.uniba.ac.id/wp-content/uploads/2016/03/Buku-Ergonomi.pdf>

WHO. (1988). *WHO HP for working populations.pdf*.

WHO. (2018). Activity Physical. Retrieved from <https://www.who.int/news-room/fact-sheets/detail/physical-activity>

Wongwitwichote, K., & Jalayondeja, W. (2015). Physical activity , sitting time and work-related musculoskeletal disorders in computer workers, 53, 450–453.

Yasobant, S., & Rajkumar, P. (2014). Work-related musculoskeletal disorders among health care professionals: A cross-sectional assessment of risk factors in a tertiary hospital, India. *Indian Journal of Occupational and Environmental Medicine*, 18(2), 75. <https://doi.org/10.4103/0019-5278.146896>